



INVESTMENT IN RESEARCH SAVES LIVES AND MONEY

Osteoporosis

Osteoporosis is a prevalent, care-intensive and potentially debilitating bone disease. Primarily affecting older adults and characterized by bones that become less dense and more fragile over time, osteoporosis increases the chances of fracturing bones, suffering severely restricted mobility or becoming fully bedridden, and experiencing severe pain.1

TODAY Hip fractures account for more than **Approximately** An estimated of women over the 1.5 million million age of 50 will experience an osteoporotic osteoporosis-related Americans are living fracture.4 fractures that occur with osteoporosis.¹ annually.2,3

Research Delivers Solutions

Fracture Liaison Service (FLS) programs provide osteoporosis-related fracture patients with preventive care to avoid additional fractures. Research has demonstrated that nation-wide implementation of such programs could result in healthcare savings of up to \$16.7 million.⁷

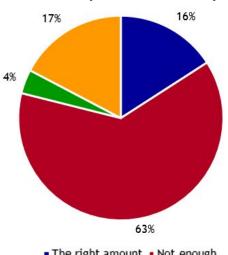
Osteoporosis medications, such as bisphosphonates, can reduce the risk of fracture by 50%.8

A newly developed therapy, which targets a protein that inhibits bone growth, has been associated with a 48% lower risk of developing new vertebral fractures and a 38% lower risk of developing hip fractures.9

COST \$48.8 billion: Total direct medical costs of osteoporotic fractures in 2018. By 2040, that number is expected to increase to \$81.5 billion.5 \$13,929 in Medicare spending: Additional health care costs for each individual in the year after experiencing a fracture.6

Majority Say Current Spending on Research to Prevent, Cure and Treat Disease is not Enough

The U.S. spends about five cents of each health dollar on research to prevent, cure and treat disease and disability. Do you think that this is too much, the right amount, or not enough?



- The right amount Not enough
- Too much
- Not sure

Source: A Research!America poll of U.S. adults conducted in partnership with Zogby Analytics in

January 2019

Tu et al. "Osteoporosis: A Review of Treatment Options." 2018.

Weycker et al. "Hospitalizations for Osteoporosis-related Fractures: Economic costs." 2016

Boddener et al. "Teriparatide in the Management of Osteoporosis." 2007

Singer et al. "Burden of Illness for Osteoporotic Fractures Among Postmenopausal Women." 2019.

Lewiecki et al. "Healthcare Policy Changes in Osteoporosis" 2019.

Kapinos et al. "Medical Costs for Osteoporosis-Related Fractures in Medicare Beneficiaries." 2018

Osteoporosis

Then. Now. Imagine.

THEN

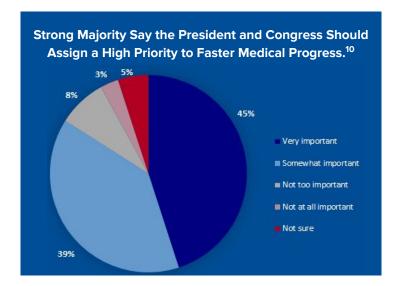
Prior to the development of bone density testing, fractures were often the first sign of osteoporosis.

NOW

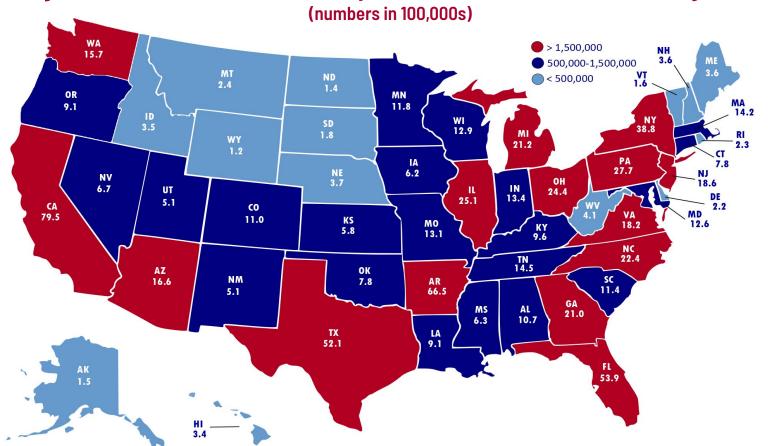
Thanks to the implementation of bone density testing, osteoporosis can be diagnosed earlier and preventative measures can be used to reduce the risk of fracture.

IMAGINE

Osteoporotic injury as part of our past, not our future.



Projected Prevalence of Osteoporosis and Low Bone Density, 2030



SOURCE: "Osteoporosis and Low Bone Density in the United States." National Osteoporosis Foundation, 2014

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The Albert and Mary Lasker Foundation is a founding partner in this series of fact sheets. **www.laskerfoundation.org**

⁷ Solomon et al. "Economic Benefits of Improved Postfracture Care." 2014.

⁸ Khosla et al. "Benefits and Risks of Bisphosphonate Therapy." 2012.

⁹ Saag et al. "Romosozumab or Alendronate for Fracture Prevention." 2017

¹⁰ "Poll Data Summary, Vol. 19" Research! America and Zogby Analytics. 2019